



REZA BAND® UES Assist Device Fitting Instructions

The REZA BAND® UES Assist Device is designed to reduce symptoms of laryngopharyngeal reflux (LPR) by reducing regurgitation of stomach contents through the upper esophageal sphincter (UES) by placing a small amount of pressure at the cricoid cartilage, right below the Adams' apple.

The REZA BAND consists of a lightweight Frame, an ergonomically shaped Cushion, a Comfort Dial, and a Comfort Band with a Clasp. The Comfort Dial of the Reza Band allows the patient to adjust the REZA BAND for personal comfort, while not affecting the fitting as prescribed by the physician. The REZA BAND is fitted by a physician using an External Manometer and Pressure Sensor that indicate applied pressure for each patient.



Step 1 - APPLY THE REZA BAND Position the REZA BAND around the patient. Connect the REZA BAND using the Clasp on the patient's right. Adjust the Velcro[®] tabs of the Comfort Band so that it positions comfortably around the patient.



Step 2 – UNCLASP THE REZA BAND Unclasp the REZA BAND and let the partially opened device rest on the patient.



Step 3 - PLACE THE PRESSURE SENSOR AND REAPPLY THE REZA BAND

Attach the Pressure Sensor to the External Manometer. Place the Pressure Sensor over the cricoid area right below the laryngeal prominence or Adam's apple. With the Clasp, re-apply the REZA BAND so the Cushion is aligned directly over the Pressure Sensor and is located over the cricoid area.



Step 4 - FIT THE REZA BAND

Have the patient sit still and look forward. Press the blue "on" button of the External Manometer Display to get an initial pressure reading. Fit the REZA BAND by evenly adjusting the Velcro® tabs on both sides of the Comfort Band.



Step 5 - RECORD PRESSURE

Set the pressure between 20 and 30 mmHg depending on specific patient needs and comfort. Document the pressure setting in the patient medical record. The REZA BAND is now fitted for the patient.



Step 6 - REMOVE THE PRESSURE SENSOR Unclasp the REZA BAND and remove the Pressure Sensor from the patient's cricoid area. Dispose of the single-use pressure sensor and reapply the REZA BAND.



Step 7 - CONFIRM PATIENT UNDERSTANDING

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Once the REZA BAND is fitted, have the patient take it on and off a few times to ensure correct positioning and operation of the Clasp and Comfort Dial. Any further adjustments by the patient while at home can be done using the Comfort Dial.



Step 8 - REVIEW EXPECTATIONS WITH THE PATIENT BETWEEN FITTING AND FOLLOW UP VISIT – As with any new device, it may take a week or so for the patient to get used to wearing the REZA BAND. It is suggested to schedule a follow up visit in two weeks to confirm fit, patient compliance, and to answer any questions the patient may have.



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